

**UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY  
4250 Harewood Road NE  
Washington, DC 20017**

**Phone: 202-526-3737 Fax: 202-526-1327 Webpage: ucns-holyfamily.org**

**IN CASE OF AN EMERGENCY PLEASE CALL: 202-262-5040**

**Pastoral Care entrusted to:**

Fr. Robert Hitchens email: sjsfrjh@catholic.org

Fr. Wasyl Kharuk email: wkharuk@yahoo.com

Deacon Theophil Staruch email: philaris@aol.com

**Sunday – February 28, 2010 – Second Sunday of the Fast – St. Gregory Palamas**

**Слава Ісусу Христу – Слава на віки**

**Glory to Jesus Christ – Glory to Him forever**

**SCHEDULE OF DIVINE SERVICES**

Sunday February 28  10:30 a.m.	<b>Second Sunday of the Fast – St. Gregory Palamas GENERATIONS OF FAITH III</b> (For the Parish) Fr. R. (+Natalia Hlynska-Sawycka from Hlynsky Family) Fr. W.
Wednesday March 3 5:00 p.m.	<b>Presanctified Liturgy at the Basilica (Byzantine Chapel)</b> (Health of Thomas Mrozvosky from Mother)
Friday March 5 7:00 p.m.	<b>Presanctified Liturgy at UCNS Holy Family Parish</b> (+Iwan Krill 40 <sup>th</sup> Day from Orysia Dackiw)
Saturday March 7 12:15 p.m.	<b>Sorokousty Enrollments – Divine Liturgy for Our Beloved Deceased Family Members and Benefactors at UCNS Holy Family Parish</b>
Sunday March 8 9:00 a.m. 11:30 a.m.	<b>Third Sunday of the Fast – Veneration of the Cross</b> (For the Parish) (+Yaroslav Steciak from Choma Family)

**THE BLIZZARDS OF 2009 AND 2010 – HELP**

Many of you have been generous in making some extra contributions to help offset our snow storm costs which have crept over the \$15000.00 dollar mark. Thank you, and so far our prayers for no snow have been heard, but please pray for no more snow this season!!!

**RELIGIOUS EDUCATION CLASSES – RESUMES NEXT SUNDAY MARCH 8**

Our Classes resume March 8, after our Generations of Faith III today.

**EASTER BAZAAR AND PYSANKA WORKSHOP 2010**

Our annual bazaar and workshop will be here on Sunday, March 21. We will have crafters and foods available. Please see the flyer for registration for the workshop in today's bulletin.

**SHROUD OF TURIN EXHIBIT AT OUR PHILADELPHIA CATHEDRAL**

The Ukrainian Catholic Archeparchy of Philadelphia has obtained the 9<sup>th</sup> Replica of the Shroud of Turin. It officially debuted last Sunday at our Immaculate Conception Cathedral. Our Parish will make a special Pilgrimage to our Cathedral in April 2010. Details will be coming soon.

**PIROHY MAKING**

Thank you to all the women and men who came to help with our first project of 2010. We were able to make 2000 pirohy. There are pirohy available for sale after the Liturgy today.

*The Great Fast 2010 started! Consider practicing: Compassion—Courtesy—Civility.*

### **THE GREAT FAST (LENT)**

Since ancient times, Christians have been challenged to practice: **FASTING – ALMSGIVING – PRAYER – AS A WAY OF LIFE AND A WAY TO ETERNAL LIFE**. Please try your best to make the effort to observe these Lenten Disciplines and Practices during the GREAT FAST 2010.

*Everyone, regardless of age, is encouraged to observe the GREAT FAST as piously as possible!*

### **FASTING AND ABSTINENCE REGULATIONS FOR THE GREAT FAST 2010 – FASTING**

#### **Fast and Abstinence from Meat and Dairy Products:**

Good Friday April 2. This is obligatory for those between the ages of 14 and 59.

#### **Abstinence from Meat:**

All Fridays of the Great Fast and Holy Saturday April 3. This is obligatory for those between the ages of 14 and 59. The Wednesdays of the Great Fast are recommended but *not* obligatory. Monday, Tuesday, Wednesday and Thursday of Holy Week are customary but *not* obligatory.

### **SOROKOUSTY 2010 – PRAYER**

As the Season of the Great Fast begins, please remember to submit the list of your Beloved Deceased to be remembered during the Saturday Services for the Souls in our Parish. Remember, our Ukrainian Catholic Church has 5 All Souls Saturdays, while the Latin Church observes one day per year to remember the Souls of the Departed. Kindly deposit the envelope with your names and offerings into the collection basket as soon as possible.

### **PRAYER DURING THE GREAT FAST – PRAYER**

During this time of penance and metanoia, we are reminded of our need for ongoing conversion and formation as followers of Jesus. Our parish will make a commitment to appreciate more the observance of this sacred time in accord with the authentic traditions of our Ukrainian Greek Catholic Church and the Christian East. We will celebrate the Liturgy of the Presanctified Gifts on **Wednesdays** at **5:00 p.m.** during the Great Fast in the Byzantine Chapel of the Basilica of the National Shrine. On **Fridays** during the Great Fast, we will celebrate the Liturgy of the Presanctified Gifts at **7:00 p.m.** in our Church. On **Saturdays**, we will celebrate the Divine Liturgy for the Souls enrolled in the Sorokousty Listings at **12:15 p.m.** All parishioners are urged to resolve to make their best effort to attend at least 5 of these services during the Great Fast, especially those in which we remember our deceased loved ones. All are obliged to attend the Divine Liturgy on Sundays.

Our prayer list of the sick or elderly and friends of our parish: **Ray Bluey, Petro Daniluk, Iryna Fedoryka, Steve Henshaw, Catherine Hetmansky, Julia Hetmansky, Walter Hetmansky, Stevanna Karlinchak, Stanley Kunda, Bishop Robert Moskal, Chuck Pacholkiw, Anna Romaniuk, Margaret Mary Burger Rose, Paraska Seniw, Helen Skoufis, Archbishop Stefan Soroka, Maria Szely, Mary Waris, John Wassil, and Ed Wisniak**. If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.

Let my prayer...

During the season of the Great Fast, this being the time of penance, the ancient discipline did not permit joyous and triumphant celebrations. The liturgy of the Presanctified Gifts is a special service. It is a combination of Vespers and Communion service and is traditionally celebrated on Wednesdays and Fridays of the six weeks of the Great Fast, and on Monday, Tuesday, and Wednesday of Holy Week. Its authorship is sometimes attributed to St. Gregory Dialogus who prior to becoming Pope of Rome served in Constantinople as a papal envoy. It is more probable that St. Gregory merely recorded this ancient liturgy from the oral tradition and on his return to Rome introduced it to the western Church.

Find out more:

[EasternChurchMusic.com](http://EasternChurchMusic.com)



...rise like incense

before you

Hear Me O Lord

## Liturgy Of The Presanctified Gifts

February 17, 24, March 3, 17, 24, 31

5:00 p.m.

in the Byzantine Chapel (crypt level)

Basilica of the National Shrine of the Immaculate Conception

400 Michigan Avenue, NE

Washington, DC

Sponsored by St. Josaphat Ukrainian Catholic Seminary [www.sjuces.org](http://www.sjuces.org)

### GENERATIONS OF FAITH III IS TODAY

Our session is Today, Sunday February 28 with One Divine Liturgy at 10:30 a.m.

Generations of Faith is an intergenerational event-centered approach to faith formation for the whole parish. The goal of the program is simple to bring people of all ages in the parish together to learn and participate in all aspects of their faith.

Generations of Faith is designed to nurture the Christian identity of all parishioners by promoting a deeper understanding of the events of Church life and preparing all generations to participate actively in these

events: the Divine Liturgy, the celebration of feasts and the various penitential and festive cycles, the sacred Mysteries (Sacraments), moral issues and social justice issues. It equips and supports families, especially parents, to foster a pattern of family faith sharing and Christian living. The ultimate goal of the Generations of Faith program is to transform the parish community into a community of lifelong learners and true disciples of Jesus Christ.

On this Sunday, there is one Divine Liturgy at 10:30 a.m. followed by a parish meal and the program which run until about 3:00 p.m. We want all of our parishioners to participate: young and old, families and singles, pioneers of our parish and newcomers, everyone is welcome and invited.

#### **EVENTS AT HOLY FAMILY SHRINE**

- ✠Generations of Faith – Sunday, February 28, 2010
- ✠Spring Clock Changing and smoke-detector battery replacement – Sunday, March 14, 2010  
Remember Spring Forward one hour to Eastern Daylight Time
- ✠Lenten Recollection – Sunday March 14, 2010 Both Liturgies
- ✠Easter Bazaar/PYSANKA WORKSHOP – Sunday, March 21, 2010
- ✠Palm Sunday – Sunday, March 28, 2010
- ✠Pascha-Easter – Sunday, April 4, 2010
- ✠Sviachene-Easter Dinner – Sunday, April 11, 2010
- ✠Children's Easter Egg Hunt – Sunday, April, 11 2010