

UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY  
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**Sunday – March 7, 2010 – Third Sunday of the Fast – Veneration of the Cross**

**Слава Ісусу Христу – Слава на віки**

**Glory to Jesus Christ – Glory to Him forever**

**SCHEDULE OF DIVINE SERVICES**

Sunday March 7 9:00 11:30 a.m.	<b>Third Sunday of the Fast – Veneration of the Cross</b> (For the Parish) (+Yaroslav Steciak from Choma Family)
Wednesday March 10 No Service Today	<b>*NO* Presanctified Liturgy at the Basilica (Byzantine Chapel)</b> <b>This Week</b>
Friday March 12 7:00 p.m.	<b>Lenten Recollection – Fr. Dmytro Dnistrian CSSR</b> <b>Presanctified Liturgy at UCNS Holy Family Parish</b> (Living and Deceased of the Nagurney Family from Irene)
Saturday March 13 12:15 p.m.	<b>Sorokousty Enrollments – Divine Liturgy for Our Beloved Deceased</b> <b>Family Members and Benefactors at UCNS Holy Family Parish</b>
Sunday March 14 9:00 a.m. 11:30 a.m.	<b>Lenten Recollection – Fr. Dmytro Dnistrian CSSR</b> <b>Fourth Sunday of the Fast – St. John of the Ladder</b> (+Daniel Prokopic from Ferko Family) (For the Parish)

**THE BLIZZARDS OF 2009 AND 2010 – HELP**

Many of you have been generous in making some extra contributions to help offset our snow storm costs which have crept over the \$15000.00 dollar mark. Contributions can be made on a rolling basis through the spring season. Thank you, and so far our prayers for no snow have been heard, but please pray for no more snow this season!!!

**RELIGIOUS EDUCATION CLASSES – RESUME THIS SUNDAY MARCH 8**

Our Classes resume Today.

**EASTER BAZAAR AND PYSANKA WORKSHOP 2010**

Our annual bazaar and workshop will be here on Sunday, March 21. We will have crafters and foods available. Please see the flyer for registration for the workshop in today's bulletin.

**SHROUD OF TURIN EXHIBIT AT OUR PHILADELPHIA CATHEDRAL**

The Ukrainian Catholic Archeparchy of Philadelphia has obtained the 9<sup>th</sup> Replica of the Shroud of Turin. It officially debuted last Sunday at our Immaculate Conception Cathedral. Our Parish will make a special Pilgrimage to our Cathedral in April 2010. Details will be coming soon.

**GENERATIONS OF FAITH III WRAP-UP**

Thank you to all who helped make this day a success. We especially thank the Hetmansky Family for providing and preparing our meal. God Bless you all!

### **OUR CONDOLENCES TO THE FUTEY FAMILY**

+Maria Futey, a friend of our parish, and mother of Bohdan Futey, passed away. She will be buried from St. Josaphat Cathedral, Parma, Ohio, on Monday. Please pray for +Maria and her family. Vichnaya Yi Pamyat!

*The Great Fast 2010 started! Consider practicing: Compassion—Courtesy—Civility.*

### **THE GREAT FAST (LENT)**

Since ancient times, Christians have been challenged to practice: **FASTING – ALMSGIVING – PRAYER – AS A WAY OF LIFE AND A WAY TO ETERNAL LIFE**. Please try your best to make the effort to observe these Lenten Disciplines and Practices during the GREAT FAST 2010.

*Everyone, regardless of age, is encouraged to observe the GREAT FAST as piously as possible!*

### **FASTING AND ABSTINENCE REGULATIONS FOR THE GREAT FAST 2010 – FASTING**

#### **Fast and Abstinence from Meat and Dairy Products:**

Good Friday April 2. This is obligatory for those between the ages of 14 and 59.

#### **Abstinence from Meat:**

All Fridays of the Great Fast and Holy Saturday April 3. This is obligatory for those between the ages of 14 and 59. The Wednesdays of the Great Fast are recommended but *not* obligatory. Monday, Tuesday, Wednesday and Thursday of Holy Week are customary but *not* obligatory.

### **CHILE EARTHQUAKE RELIEF -- ALMSGIVING**

The US Bishops Conference has asked that anyone wishing to make a donation to give directly to Catholic Relief Services. Catholic Relief Services is accepting donations to help those in Chile affected by the powerful earthquake that struck the South American country on Saturday February 27. CRS will be supporting the relief efforts of the local Catholic Church through Caritas Chile, the social service arm of the Catholic Church in Chile, which is responding with food and other assistance. Figueroa said that Caritas Chile is collecting food that is being sent to the areas most affected by the magnitude 8.8 quake. Please go to [www.crs.org/chile/maule-quake.cfm](http://www.crs.org/chile/maule-quake.cfm) or place an envelope marked with “Chile” and your name, and we will forward all moneys collected to CRS.

### **SOROKOUSTY 2010 – ONLY 2 MORE SATURDAYS AT 12:15P.M. – PRAYER**

As the Season of the Great Fast begins, please remember to submit the list of your Beloved Deceased to be remembered during the Saturday Services for the Souls in our Parish. Kindly deposit the envelope with your names and offerings into the collection basket as soon as possible.

### **PRAYER DURING THE GREAT FAST – PRAYER**

During this time of penance and metanoia, we are reminded of our need for ongoing conversion and formation as followers of Jesus. Our parish will make a commitment to appreciate more the observance of this sacred time in accord with the authentic traditions of our Ukrainian Greek Catholic Church and the Christian East. We will celebrate the Liturgy of the Presanctified Gifts on **Wednesdays** at **5:00 p.m.** during the Great Fast in the Byzantine Chapel of the Basilica of the National Shrine. On **Fridays** during the Great Fast, we will celebrate the Liturgy of the Presanctified Gifts at **7:00 p.m.** in our Church. On **Saturdays**, we will celebrate the Divine Liturgy for the Souls enrolled in the Sorokousty Listings at **12:15 p.m.** All parishioners are urged to resolve to make their best effort to attend at least 5 of these services during the Great Fast, especially those in which we remember our deceased loved ones. All are obliged to attend the Divine Liturgy on Sundays.

### **AKATHIST SATURDAY – MARCH 20 AT 3:00 P.M. BYZANTINE CHAPEL OF THE BASILICA – PRAYER**

We will sing the Akathist to the Mother of God on Saturday, March 20, at 3:00 p.m. in the Byzantine Chapel of the Basilica of the Immaculate Conception. Please be with us as we honor our Blessed Mother with this prayer service of praise.

### **LENTEN RECOLLECTION – NEXT FRIDAY AND SUNDAY**

Fr. Dymtro Dnistrian CSSR will be with us for confessions and the services for next week on Friday and Sunday. Confessions are Friday at 6:30 p.m. and during the Presanctified Liturgy and Sunday at 8:30 a.m. and during the Divine Liturgy and then at 11:00 a.m. and during the Divine Liturgy. Please be with us and take advantage of confession and the opportunity to prepare for Easter 2010.

### **PRAYER LIST OF THE SICK OR AGED – PRAYER**

Our prayer list of the sick or elderly and friends of our parish: **Ray Bluey, Petro Daniluk, Iryna Fedoryka, Steve Henshaw, Catherine Hetmansky, Julia Hetmansky, Walter Hetmansky, Stevanna Karlinchak, Stanley Kunda, Bishop Robert Moskal, Chuck Pacholkiw, Anna Romaniuk, Margaret Mary Burger Rose, Paraska Seniw, Helen Skoufis, Archbishop Stefan Soroka, Maria Szely, Mary Waris, John Wassil, Pamela White, and Ed Wisniak.** If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.

### **EVENTS AT HOLY FAMILY SHRINE**

- ✠Spring Clock Changing and smoke-detector battery replacement – Sunday, March 14, 2010  
Remember Spring Forward one hour to Eastern Daylight Time
- ✠Lenten Recollection – Sunday March 14, 2010 Both Liturgies
- ✠Akathist Saturday, March 20, 3:00 p.m. at the Byzantine Chapel Basilica of National Shrine
- ✠Easter Bazaar/PYSANKA WORKSHOP – Sunday, March 21, 2010
- ✠Annunciation of the Mother of God, Thursday, March 25, 2010, Vespereal Liturgy at 7:00 p.m.
- ✠Palm Sunday – Sunday, March 28, 2010
- ✠Pascha-Easter – Sunday, April 4, 2010
- ✠Sviachene-Easter Dinner – Sunday, April 11, 2010
- ✠Children's Easter Egg Hunt – Sunday, April, 11 2010

The AKATHIST OF THE MOTHER OF GOD  
AKATHISTOS SATURDAY  
MARCH 20, 2010 3:00 p.m.

The Akathist Hymn is a profound, devotional poem, which sings the praises of the Holy Mother and Ever-Virgin Mary. It is one of the most beloved services in the Eastern Church. It was composed in the imperial city of Constantinople, "the city of the Virgin," by St. Romanos the Melodist, who reposed in the year 556.

The Akathist hymn consists of praises directed to the Mother of God, beginning with the salutation of the Archangel Gabriel: "Rejoice." As the hymn is chanted, all of the events related to our Lord's Incarnation pass before us for our contemplation. The Archangel Gabriel marvels at the Divine self-emptying and the renewal of creation which will occur when Christ comes to dwell in the Virgin's womb.

"We are all pervaded with an inward joy, the joy of rendering praise to Mary with the Akathist Hymn, so dear to the Eastern tradition. It is a canticle totally centered on Christ, contemplated in the light of His Virgin Mother. For a full 144 times, this hymn invites us to renew to Mary the greeting of the Archangel Gabriel "Ave Maria!" Mother of the risen Lord and Mother of the Church, Mary precedes us and leads us to the authentic knowledge of God and to the encounter with the Redeemer. She points out to us the way and shows us her Son. In celebrating her with joy and gratitude, we honor the holiness of God, Whose mercy has done marvels in His humble handmaid. We salute her with the title of "Full of grace" and implore her intercession for all the children of the Church who with this Akathist Hymn celebrate her glory." *Servant of God John Paul II*



*"Rejoice, unfading rose.  
Rejoice, the only one who budded forth the  
unfading apple. Rejoice, birth-giver of the  
aromatic balm of the King of all.  
Rejoice, O Bride unwedded,  
the world's salvation."*

The Byzantine Chapel (crypt level)  
Basilica of the National Shrine of the  
Immaculate Conception  
Sponsored by  
St. Josaphat Ukrainian Catholic Seminary