

UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY
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Pastoral Care entrusted to:

Father Robert Hitchens – Administrator
Father Andrii Chornopyskyi – Parochial Vicar

Sunday – March 19, 2023

Слава Ісусу Христу – Слава на віки Glory to Jesus Christ – Glory to Him Forever

All Services will be Live Streamed at 9:00 AM and 11:30 AM

Platform: <https://www.facebook.com/holyfamilyshrine/>

Sunday March 19 9:00 a.m. 11:30 a.m.	St. John Climacus (For the Parish) (+Myklola and +Hermina from the Kerda Family)
Friday March 24 6:00 p.m.	Liturgy of the Presanctified Gifts (+Michael and +Theodore from Family)
Saturday March 25 10:00 a.m.	Feast of The Annunciation of the Mother of God (For the Parish)
Sunday March 26 9:00 a.m. 11:30 a.m.	St. Mary of Egypt (For the Parish) (+Lydia Jarosewich from Family)

FEAST OF THE ANNUNCIATION OF THE MOTHER OF GOD – SATURDAY MARCH 25

Join us to celebrate this great feast and holy day of obligation. We will celebrate the Divine Liturgy at 10:00 a.m. on Saturday March 25.

EASTER BAZAAR 2023 PREPARATION – SATURDAY MARCH 25

We will hold another session in preparation for the Easter Bazaar. **The second session** is to make holubtsi and nalysnyky. We will start after the 10:00 a.m. Divine Liturgy for the Annunciation on Saturday March 25. Please sign-up with Nusia Kerda.

THE GREAT FAST – A TIME FOR PENANCE AND METANOIA

Our parish will make a commitment to observe this sacred time in accord with the authentic traditions of our Ukrainian Catholic Church. We will celebrate the Liturgy of the Presanctified Gifts on Fridays at 6:00 p.m. in our Church. *Wednesdays will be at SS. Joachim and Anna in Front Royal, VA.* On Saturdays, we will celebrate the Divine Liturgy for the Souls enrolled in the Sorokousty 10:00 a.m. in our Church. Christians have been challenged to practice: **FASTING – ALMSGIVING – PRAYER – AS A WAY OF LIFE AND A WAY TO ETERNAL LIFE.** Please try your best to make the effort to observe these Lenten Disciplines and Practices during the **FAST 2023.**

Everyone, regardless of age, is encouraged to observe the GREAT FAST as piously as possible!

SPIRITUAL REGULATIONS FOR THE GREAT FAST 2023

Although our Church traditionally prescribed abstinence from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today: Abstinence from meat and all dairy products on Good Friday. Abstinence from meat only on all Fridays of the Great Fast as well as Holy Saturday. It is also traditional to abstain from meat on Wednesdays during the Great Fast. Everyone should receive the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday. The Fasting and Abstinence regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinence regulations.

Prayer List

Our prayer list of the sick or elderly and friends of our parish: **Theresa Aranda, Liana Arnold, Valarie Balthis, Charles Belanger, Barbara Blendy, Bluey Family, Yevhenia Borys, Terry Boyle, Taisia Bullard, Robert Matthew C., Mary Connors, Veronica Cosio, Darlene Dossick, Solomia Dutkewych and Theresa, Ruth Fedack, Bernard F, Lindsey Fedyk, Lilian Garland, Alice Gogniat, Thomas Gutmann, H.H., Josie Hacker, Catherine Hetmansky, Bernadell Rita Higgins, Daniel Horeczko, Nila Iwaskiw, Kateryna Jurach, Sarah Kelt, Dorothy Kozmoski, Suzanne Krumpelman, Mr. Marko, Michael Joseph Little, Michele Pretka Litvar, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Deborah Pickering, Gina Plisiewicz, Alexandra Pohorecka, Patricia Pylypec, Ron#119, Michael Joseph Radigan, Roman Rusynko, Lisa Schaible, Christopher Sell, Michael Sharr, Shliakhta Bogdana, Shliakhta Mark, Shliakhta, Andrew, Larry Sosnowich, Lindsey Sydnor, Thomas Sydnor, Stefania Szahaj, Helen Lefcheck Torre, Lisa Pretka Turner, Gloria and Luis Vega, Anne Woroniak, Rose Wilson, Jennifer Wilson, Paul Yarrish.** If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.

God With Us Catechism

In the Epistle appointed for this Sunday, we learn about the “oath” which God has made with us. What is an oath? Saint Paul tells us in the epistle that it is a “promise,” a “guarantee,” a “sure and firm anchor of the soul,” the “final settlement” of disagreements. When two people swear an oath, they are promising to be of one mind regarding the thing promised. The oath is the outward sign of the interior union of the two parties. In the case of Jesus, the oath and promise that he makes with us is that he will take us with him beyond the “veil,” and make us partakers of the divine nature. In other words, Jesus promises us that He will give us His life. Today the Lord swears an oath to us that if we willingly die to our old selves through “prayer and fasting” and promise to give ourselves to him, then the demons of our former life will be cast out, that our sins will be washed away, and that we will rise with him in His resurrection on the third day. We have hope then, having promised our life to the Lord, that when the day of Pascha arrives, we who have died with him will receive a new life in him.