

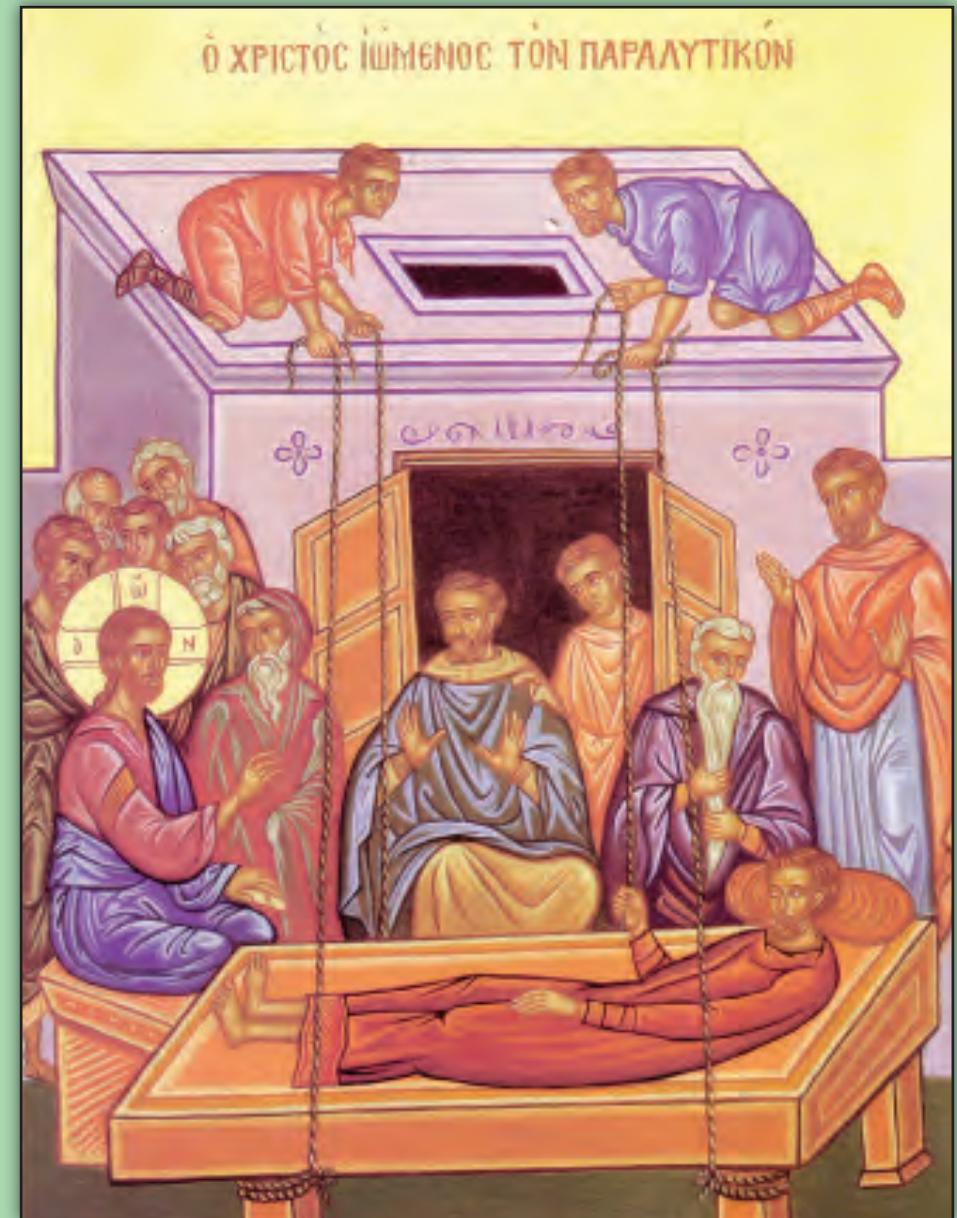
You are Forgiven and Healed

In Capernaum Jesus is surrounded by great numbers of people. As He preaches to the crowd, four friends of a paralyzed man lower him on his mat through the roof so that he can be close enough for Jesus to see him and cure him. Jesus responds to this act of faith, not by healing the man immediately, but by touching off the first of a series of controversial dialogues with the Scribes and Pharisees. When Jesus says, "Child, your sins are forgiven," He is as much as saying, "It is God whom you approach." In the Old Testament, only God is capable of forgiving sins; and it was expected that He would do so only at the end of time. It becomes clear why the Scribes murmur "he is blaspheming" and why Jesus brings it all out in the open. His claim to be able to forgive sins better reveals His identity as Son of God than do the miracles He performs.

Aware of the silent censure His forgiving word has caused in the crowd, Jesus proceeds to prove that "the Son of Man has authority to forgive sins on earth" by commanding the man to rise and walk in the sight of everyone. In concluding this miracle, Mark asks his readers to praise God for His presence in their midst as the forgiver-healer, just as the crowd did, even in the face of those who did not believe.

It is significant that Mark has chosen to present this miracle and teaching about Jesus' power to forgive sins so early in his Gospel drama. It shows that the need for the experience of God's forgiveness was as important to first-century Christians as it is today. Mark's readers praise God for saying clearly, and even today, "My sons, my daughters, I absolve you from your sins."

SECOND SUNDAY OF THE GREAT FAST



Icon of Healing the Paralytic

UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY

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IN CASE OF AN EMERGENCY PLEASE CALL: 202-262-5040

Pastoral Care entrusted to:

Father Robert Hitchens – Administrator

Father Mykola Dziurakh – Parochial Vicar

Sunday – March 1, 2026

Glory to Jesus Christ – Glory to Him Forever + Слава Ісусу Христу – Слава на віки

Confessions are available before the Divine Liturgies

All Services will be Live Streamed at 9:00 AM and 11:30 AM

Platform: https://www.facebook.com/holyfamilyshrine/

Saturday February 28 5:30 p.m.	Great Vespers
Sunday March 1 9:00 a.m. 11:30 a.m.	Second Sunday of the Great Fast (+Deceased of the Keyes Family from the Keyes-Romaniuk Family) (For the Parish)
Wednesday March 4 7:00 p.m.	Liturgy of the Presanctified Gifts
Friday March 6 5:00 p.m.	Liturgy of the Presanctified Gifts
Saturday March 7 10:00 a.m. 5:30 p.m.	Divine Liturgy (Sorokousty) Great Vespers
Sunday March 8 9:00 a.m. 11:30 a.m.	Third Sunday of the Fast Great Fast - Veneration of the Holy Cross (+Alice Gogniat from Family) (For the Parish)

FIRST CONFESSION 2026 PREPARATION

Preparation for First Confession has begun. Classes will be held on Sundays. Please contact Olya Mulvey at olya.kroytor@gmail.com to learn more. All children must attend Divine Liturgy with their families on a weekly basis during their preparation. The SPRING SEMESTER class schedule is as follows: March 1, 8, 15, 22, and March 28 - Lazarus Saturday - First Confession.

THE GREAT FAST – A TIME FOR PENANCE AND METANOIA

Our parish will make a commitment to observe this sacred time in accord with the authentic traditions of our Ukrainian Catholic Church. We will celebrate the Liturgy of the Presanctified Gifts on **Wednesdays at 7:00 p.m. (English and Ukrainian)** and on **Fridays at 5:00 p.m. (English)** in our Church. On Saturdays, we will celebrate the Divine Liturgy for the Souls enrolled in the Sorokousty 10:00 a.m. in our Church. Christians have been challenged to practice: **FASTING – ALMSGIVING – PRAYER – AS A WAY OF LIFE AND A WAY TO ETERNAL LIFE.** All parishioners are urged to resolve to make their best effort to attend at least **5** of these sacred services during the Great Fast, especially those in which we remember our deceased loved ones. All must attend the Divine Liturgy on Sundays.

SPIRITUAL REGULATIONS FOR THE GREAT FAST 2026

Although our Church traditionally prescribed abstinence from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today: Abstinence from meat and all dairy products on Good Friday. Abstinence from meat only on all Fridays of the Great Fast as well as Holy Saturday. It is also traditional to voluntarily abstain from meat on Wednesdays during the Great Fast. Everyone should receive the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday. The Fasting and Abstinence regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinence regulations.

Everyone, regardless of age, is encouraged to observe the GREAT FAST as piously as possible!

2026 EASTER BAZAAR AND BASIC PYSANKA WORKSHOP SATURDAY MARCH 21

Buffet Luncheon: “Traditional Ukrainian” – 10:30 a.m. until the food is gone. **Easter Bazaar:** 10:30 a.m. – 3:30 p.m. Traditional Ukrainian arts and crafts, pysanka kits, how-to books, videos, traditional foods & baked goods, and smoked & other meats. **Basic Pysanka Workshop:** Learn to decorate Easter Eggs the traditional Ukrainian way. Detailed A/V presentation, personalized instruction, materials & supplies included. Workshop Fee: \$40 (adults only). Attendance limited to 60. Individuals. Workshop registration/payment is required in advance at <https://www.eventbrite.com/e/pysanka-workshop-easter-bazaar-tickets-1983830783276?aff=oddttdcreator>

PRAYER LIST

Our prayer list of the sick or elderly and friends of our parish: **Theresa Aranda, Liana Arnold, Valarie Balthis, Barbara Blendy, Bluey Family, Yevhenia Borys, Terry Boyle, Taisia Bullard, Mary Connors, Veronica Cosio, Darlene Dossick, Robert Dulaine, Solomia Dutkewych and Theresa, Ruth Fedack, Bernard F, Myroslava Futey, Lilian Garland, Thomas Gutmann, H.H., Josie Hacker, Robert Harnest, Catherine Hetmansky, Vanessa Hetmansky, Bernadell Rita Higgins, Ellen Hitchens, Janet Hitchens, Fr. Robert Hitchens, Boris Hlynsky, Daniel Horeczko, Oksana Horszynska, Ihor Hulawyj, Nila Iwaskiw, Sarah Kelt, LTJG Lydia Kowalskyj USN, Dorothy Kozmoski, Suzanne Krumpelman, Mr. Marko, Melissa Martin, Paul Marynowych, Irene Nagurney, Myron Nagurney Jr, Michele Pretka Litvak, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Deborah Pickering, Alexandra Pohorecka, Patricia Pylypec, Ron#119, Michael Joseph Radigan, Ivanna Richardson, Roman Rusynko, Chris Saboe, Lisa Schaible, Christopher Sell, Teresa Sherwood, Shliakhta Bogdana, Shliakhta Mark, Shliakhta, Andrew, Larry Sosnowich, Lindsey Sydnor, Thomas Sydnor, Stefania Szahaj, Lisa Pretka Turner, Gloria and Luis Vega, Fr. George Worschak, and Paul Yarrish.** If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.